

## ADVANTAGES OF MEDIATION

Mediation has many advantages over other dispute resolution processes such as arbitration & litigation including being:

- **Cheaper** No courts costs & often no need for other professional fees.
- **Quicker** No delays waiting for space on overcrowded Court lists
- **More flexible & informal** Choose your own Mediator, ground rules, venue ,time
- **Agreements are more likely to be voluntarily complied with** as parties have agreed to the terms themselves
- **Agreements preserve amicable relationships between parties**

What's more, in Mediation:

- **Parties retain control of the process** -in litigation lawyers / the court control the process
- **Parties reach agreements** that **meet their needs & interests**-litigation ignores needs & interests solely providing outcomes based on the law -resulting only in win/lose outcomes .**In Mediation** there can be **WINNERS and NO LOSERS** as all parties' interests/needs may be met.